



Autumn Checklist

- Drink an autumn-themed hot beverage
- Visit a pumpkin patch
- Decorate a pumpkin
- Make a pot of soup
- Take a scenic drive
- Collect colorful leaves
- Go apple picking
- Knit or crochet a scarf
- Wear a cozy sweater
- Toast marshmallows
- Take photos of colorful scenery
- Take a nature walk
- Make an autumn wreath
- Wear boots
- Make spiced wine
- Roast a whole chicken
- Have a candlelight dinner
- Watch a movie under a cozy blanket
- Decorate your home for Halloween
- Make caramel apples
- Drink a cocoa
- Make preserves of your favorite fruit
- Bake pumpkin bread
- Make a pizza
- Bake cookies
- Make stuffed baked potatoes
- Donate old winter coats, scarves, and hats
- Make a seasonal playlist
- Get some outdoor exercise
- Take a deep breath and feel grateful